



The Marriotts Counselling & Training Academy

Professional Development Workshops



Working together to support lifelong learning & growth in our community

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The Marriotts Counselling & Training Academy

Launch Professional Development Workshops 2014

Counsellor Refreshers

These workshops are intended for delegates who want to return to counselling practice or to update their skills and knowledge. Delegates can choose individual workshops in areas of particular interest or attend the whole series.

The Marriotts Counselling & Training Academy provides a range of professional development workshops at the newly built 'State of the Art' Marriotts School in Stevenage. Our facilities include interactive group rooms with additional spaces for reflection.

Workshops offer you the opportunity to explore a range of issues affecting your practice. Learning will be collaborative and experiential.

CPD certificates will be issued upon completion of the workshop(s).

Workshops are held on Saturdays from 10.00am—4.00pm

Refreshments are available at the Centre

Delegate fee £65 for a single workshop in this series
Delegate fee £300 for all 5 workshops in this series



Workshop 1: Revisiting Counselling Practice 1st March 2014

In this workshop we will explore:

- Networking
- Developments in the field of Counselling and Psychotherapy
- New regulations
- Social media & counselling

Workshop 2: Skills Assessment 5th April 2014

In this workshop we will explore:

- Current skills
- Areas for development
- Skills practice
- Skills assessments – self / peer and trainer

Workshop: Applying Theory to Practice 3rd May 2014

In this workshop we will explore:

- The person-centred approach – The core conditions in the therapeutic relationship
- Attachment theory – Understanding attachment patterns in the therapeutic relationship
- Contemporary theories in Counselling & Psychotherapy – Discussion groups

Workshop 4: Personal Proficiency Statements 7th June 2014

In this workshop we will explore:

- Review of experience
- Identification of personal and professional strengths
- Guided statements
- Preparing for Accreditation or Registration

Workshop 5: Back in the saddle 5th July 2014

In this workshop we will explore:

- Personal action plans
- Useful contacts
- On-going support & guidance
- Networking



Counsellor Refreshers

Workshop Designer & Trainer: Molly Ayre

Molly's qualifications include a Post Graduate Diploma in Counselling from the University of Hertfordshire, a Post Graduate Certificate in Supervision from the University of East Anglia and a Post Graduate Certificate in Education. She is a practicing person-centred Counsellor and Supervisor with over 15 years experience working in the Voluntary Sector and in Private Practice. Molly began managing and delivering counselling courses in 2003 and has worked closely with Awarding Bodies to develop high quality training in North Hertfordshire. Molly is an Ofsted graded 'Outstanding' teacher with particular skills in developing active experiential learning opportunities for students. Molly has continued her professional development with a special interest in Equality and Diversity and is committed to facilitating the development of trainee counsellors as well as helping qualified counsellors to gain confidence to return to counselling work. Molly is a member of the BACP.

To apply or for more information, please contact

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